

# ACE Adventures Lunch Menu 2023

Lunch served M,W,F for Sessions 1-4 & M-F for Session 5.

ACE Adventures will serve healthy lunches three times weekly, on Mondays, Wednesdays, and Fridays for Sessions 1-4 of Summer 2023. We will serve lunch all five days (M-F) for our Session 5 Finale week. We offer a variety of kid friendly meals always served with fresh fruit, vegetables and milk. Vegetarian options are available for each menu item. Please feel free to reach out to us with any dietary restrictions.

## Session 1 - Foodieland

### Week 1

**Monday 6/19-** Turkey/Ham or Cheese Sandwiches with Sun Chips and Cinnamon Apples

**Wednesday 6/21-** Rotisserie Chicken or Plant Based Chicken Nuggets, Corn and Biscuits

**Friday 6/23-** Spaghetti (Butter or Marinara) with Meatballs, Garlic Bread and Caesar Salad

### Week 2

**Monday 6/26-** Vegetable Chow Mein, Potstickers with Broccoli and Oranges

**Wednesday 6/28-** Beef or Bean Tacos with all the Trimmings and Fruit

**Friday 6/30-** Butter Pasta with Chicken Nuggets and Salad

## Session 2 - We Got The Beat

### Week 1

**Monday 7/3-** Closed - Independence Day Holiday

**Wednesday 7/5-** Chicken Taquitos or Bean Burritos with Guacamole, Salsa, Beans and Fruit

**Friday 7/7-** Spaghetti (Butter or Marinara) with Meatballs, Garlic Bread and Caesar Salad

### Week 2

**Monday 7/10-** Pizza and Ceasar Salad

**Wednesday 7/12-** Bean and Cheese Roll Ups with Spanish Rice, Guacamole and Fruit

**Friday 7/14-** Grilled Cheese Sandwiches, Tomato or Garden Medley Soup and Fruit Salad

## Session 3 - Out Of This World

### Week 1

**Monday 7/17-** Turkey/Ham or Cheese Sandwiches with Sun Chips and Cinnamon Apples

**Wednesday 7/19-** Butter Pasta with Chicken Nuggets and Caesar Salad

**Friday 7/21-** Chicken Strips, Mac and Cheese, Corn and Fruit

### Week 2

**Monday 7/24-** Rotisserie Chicken or Plant Based Chicken Nuggets, Corn and Biscuits

**Wednesday 7/26-** Beef or Bean Tacos with all the Trimmings and Fruit

**Friday 7/28-** Grilled Cheese Sandwiches, Tomato or Garden Medley Soup and Fruit Salad

## Session 4 - Into The Woods

### Week 1

**Monday 7/31-** Vegetable Chow Mein, Potstickers with Broccoli and Oranges

**Wednesday 8/2-** Spaghetti (Butter or Marinara) with Meatballs, Garlic Bread and Caesar Salad

**Friday 8/4-** Chicken Taquitos or Bean Burritos with Guacamole, Salsa, Beans and Fruit

### Week 2

**Monday 8/7-** Butter Pasta with Chicken Nuggets and Salad

**Wednesday 8/9-** Turkey/Ham or Cheese Sandwiches with Sun Chips and Cinnamon Apples

**Friday 8/11-** Chicken Strips, Mac and Cheese, Corn and Fruit

## Session 5 - Best of ACE Adventures

### Week 1

**Monday 8/14-** Rotisserie Chicken or Plant Based Chicken Nuggets, Corn and Biscuits

**Tuesday 8/15-** Turkey/Ham or Cheese Sandwiches with Sun Chips and Cinnamon Apples

**Wednesday 8/16-** Butter Pasta with Chicken Nuggets and Caesar Salad

**Thursday 8/17-** Beef or Bean Tacos with all the Trimmings and Fruit

**Friday 8/18-** Pizza and Caesar Salad



## ACE Adventures at Arroyo and Heather

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